

A Waggle Series
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To Wing-T enthusiasts, there are many who think the waggle is one of the best plays, if not *the* best play in football. Well, why not? It is the primary passing play in a system that prides itself on the run. It's a play-action pass to boot (no pun intended). This means, not only are you passing, but faking the run in order to bring those linebackers up. Used in early downs when defenses expect the run, it has proven to be very effective.

What I enjoy most about the waggle is that it's not just a single play. You can use it as an entire series! You can even see the differences and personalities of each team on how they run waggle because there are almost no limitations with what you can do with the play. At Lasalle, we run it as such (figure 1):

- SE: Post Corner**
- LT: On – gap – down**
- LG: Pull, log 1st man past LT**
- C: Away – reach**
- RG: Pull; block 1st opposite colored jersey**
- RT: Reach**
- TE: Drag**
- RHB: Post**
- FB: Fake over LG and run 5 yd out**
- LH: Fake Buck sweep right**
- QB: Open towards faking FB with ball in gut, fake to LH, sprint out left.**

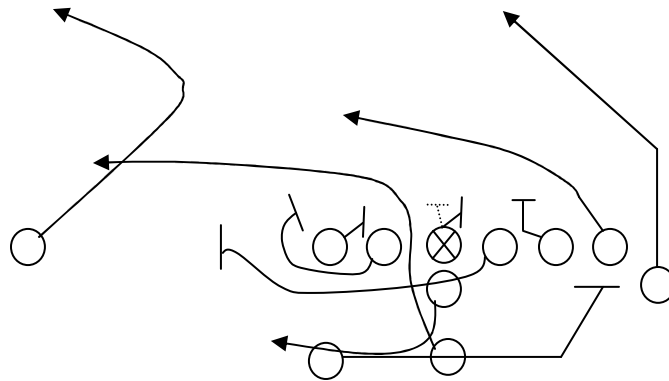


Figure 1

We needed to find a way to install the waggle into more of our series. There was also a need to clean up the call sheet so that we could get quality reps in practice. So, we used the base waggle routes with our jet package (Figure 3) and we used waggle switch with our base buck package.

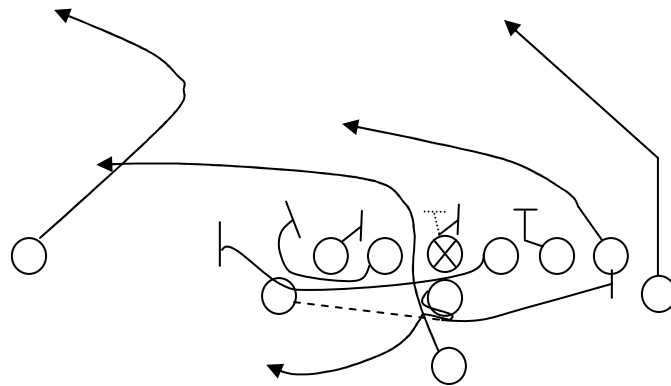


Figure 3

We included the waggle into our belly series. We run the belly second man through, and we felt this was an alternative to running buck sweep on many occasions. We already had belly pass, which was play action towards the flow. We needed a play action away from flow and Coach Creehan's article on the belly waggle was the answer. Click on the attached link if you'd like to read the article he wrote.

<http://jetsweep.com/pix/2003/pic16.doc>

Furthermore, what was great was the fact that the fullback on our belly second man cutback towards center (Figure 4), so having him cutback for the belly waggle (Figure 5) was consistent.

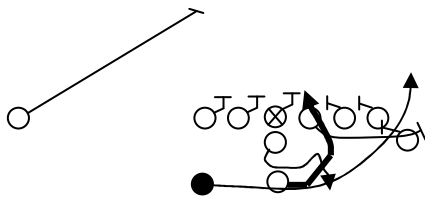


Figure 4

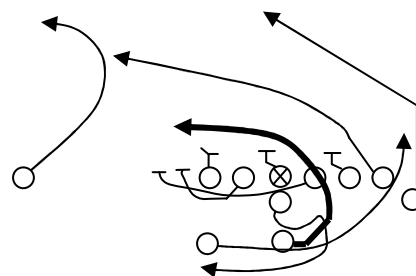


Figure 5

Like many teams, we, too, have started using rocket and jet concepts. We happen to like how rocket works with belly (Figure 6). By having the defensive end widen out to defend the rocket sweep, the belly would open up.

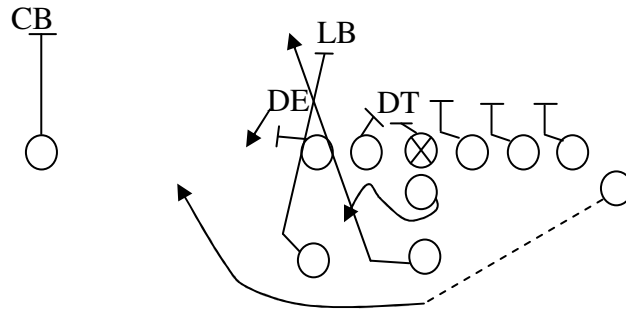


Figure 6

If the only time we motioned meant we were going to run our belly package, this was going to help defenses pick up on what we were doing. Using rocket motion with our buck package helped create defensive conflict. Are we running one of our three or four plays from the belly package? Or are we running our entire package?

Having a smart, athletic quarterback allowed us to use the Waggle Ohio. **Ohio** is a suffix we use that means **Option Opposite** the flow. So, unlike trap option, which is the buck package's signature option play that moves towards flow; we installed the Waggle Ohio to give us an option play away from flow. Also, this gave the defensive end a great deal of conflict when he realizes that he can no longer focus on rocket motion to stop belly and rocket. Furthermore, once he is able to read that we were running our buck series; the defensive end could no longer focus and getting quarterback, because of the option threat (figure 7). This makes the already potent waggle a running threat.

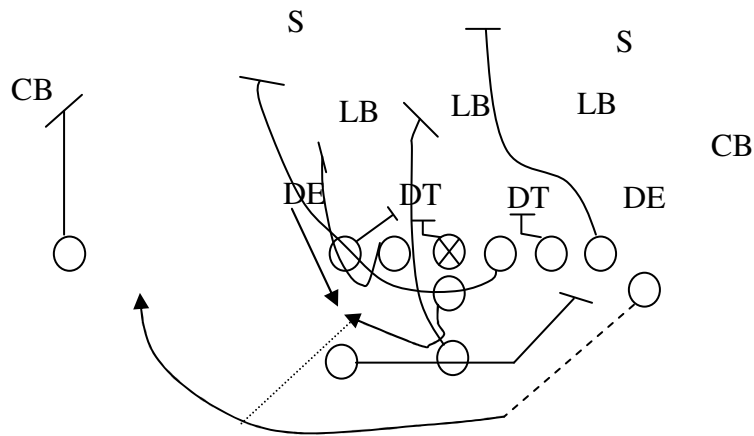


Figure 7

Other things we did with the waggles that helped make this a potent series was the waggles to the TE (figure 8). This is effective versus teams that like to roll their secondary to the SE side.

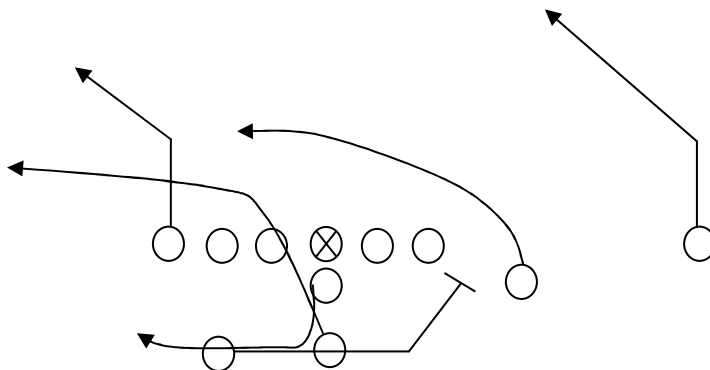


Figure 8

With all the possibilities of the waggles, it really is more than a play. It's an offense in of itself. For questions or comments, feel free to contact me at

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